

# DR. KATHERINE T. KELLY PH.D., M.S.P.H.

CLINICAL HEALTH PSYCHOLOGIST, AUTHOR,  
SPEAKER, AND CONSULTANT



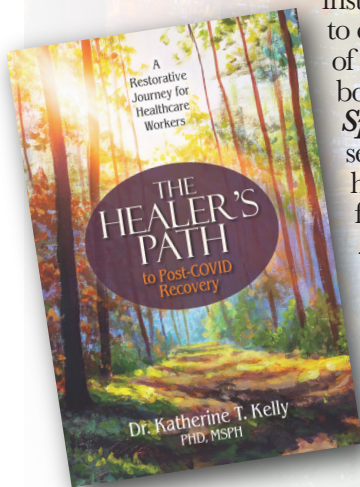
## THE HEALER'S PATH: RESTORATIVE STRATEGIES FOR HEALTHCARE WORKERS

Are you ready for post-COVID Recovery?

- Learn how to go from raw to right-side up
- Evolve beyond the crush of COVID
- Create your personalized procedure of a lifetime
- Pave the way to a much brighter future

## JOIN DR. KELLY IN CREATING WHOLE HEALTH FOR HEALERS!

Dr. Katherine T. Kelly, Ph.D., M.S.P.H. is a clinical health psychologist, former Director of Behavioral Science in Family Medicine and medical school professor, best-selling author, speaker and consultant. With over 34 years of direct clinical experience, Dr. Kelly doesn't just believe in helping others to heal; instead, her mission is to help them to evolve. She was named "the pioneer of Soul Health" after publishing her book, *Soul Health: Aligning with Spirit for Radiant Living* (now second edition) where she describes her trademarked integrative framework — *The Soul Health Model*. Dr. Kelly is a sought-after speaker/trainer and has been featured on over 450 national and international radio shows and podcasts. Her books, *The Healer's Path*, *Soul Health* and *Recipe for Radiance: Mastering the Art and Soul of Self-Care* are available worldwide.



## SPEAKING TOPICS FOR KEYNOTES, WORKSHOPS, RETREATS, AND SEMINARS INCLUDE:

- Heroes or Helpless?**  
The 5 Unspoken Truths of Celebrated Healthcare Workers
- From Raw to Right-Side Up:**  
Healing Strategies for Healthcare Workers
- Healing from Hostility:** The Healthcare Worker's Recovery Plan for Patient Abuse
- The Procedure of a Lifetime:**  
The Healthcare Provider's Guide to Rebalancing after COVID
- Picking up the Pandemic Pieces:**  
6 Steps to Making Healthcare Workers Whole Again
- Healing the Soul of Healthcare:**  
What Administrators Need to Know About Their In-House Warriors
- Healing the Core of COVID Trauma:**  
The Real Story Behind Provider Stress/Burnout
- The Great Resignation in Healthcare:**  
How to Protect the Passion of Providing Care
- From Provider to Long Hauler:** Healing Yourself While Still Healing Others
- Love During Lockdown:** How Healthcare Worker Relationships Suffered During COVID

CORPORATE APPEARANCES



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## WHAT THEY ARE SAYING ABOUT HER

“Dynamic speaker!”, “Passionate presenter!”, “Innovative approach!”, “Exceptional and fascinating...” are just a few of the comments from event organizers and workshop participants who welcomed Dr. Kelly as their conference keynote speaker, workshop facilitator, retreat leader, live presenter, or radio show guest.

### SPEAKER ENDORSEMENTS:

“Dr. Kelly is a marvelous speaker. She has an amazing framework for a model of care and is fabulous at conveying the scientific evidence and importance of honoring each person as a whole person.”

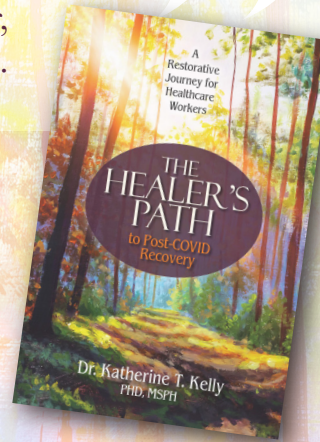


“Dr. Kelly was amazing and I enjoyed everything she had to say. Her presentation was great and her research was outstanding. I absolutely love her integrative understanding of the soul and the metaphor of the tree in her Soul Health Model.”



“Dr. Katherine Kelly’s keynote address provided our conference with the platform from which our three days of education and discussions were launched. She engaged each attendee in an introspective soul journey that expanded to encompass the soul health review of healthcare itself. Dr. Kelly’s presentation is enhanced by her comfort in front of the group, her inclusion of personal examples of her points, and her ability to engage an audience regardless of the size.”

Barbara Bennett, Chair of International Society for Addictions Nursing Conference, October 2016



### BOOK ENDORSEMENTS:

“I have no doubt that readers will find meaningful and healing truths that penetrate below the bedrock of language in this book, reach into the roots of their Tree of Life, and nourish each branch of their body, soul and life.”

Bernard Ewigman, MD, MSPH, FAAFP, Clinical Professor, University of Chicago Pritzker School of Medicine

“A special book that can help anyone chart a path through difficult times and emerge stronger, better, and more soulful.”

Wayne M. Sotile, PhD  
Author of Thriving in Healthcare

“Dr. Kelly’s book provides solace and insight. You will feel heard and acknowledged. Her guidance for healing and recovery is an invaluable resource. A must read.”

Lea Harrell Kirkland, MD, Psychiatrist

### RADIO APPEARANCES

